



The College of Dental Surgeons of Hong Kong

AUTUMN NEWSLETTER 2023

30th Annual General Meeting

Date: 26 November 2023 (Sun)

Time: 3:30pm

Venue: Run Run Shaw Hall, 1/F, HKAM



2023 CDSHK Conferment Ceremony & Dinner

Date: 26 November 2023 (Sun)

Time: 4:45pm

Venue: Run Run Shaw Hall, 1/F, HKAM

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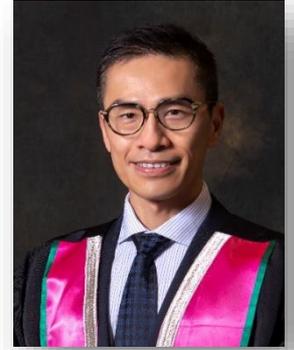
President's Message

Autumn Newsletter 2023 – Message from the President

Autumn is a season of maturation and harvest. It is also a favourite season for us to celebrate what we have achieved while preparing to make the most of the coming year.

Celebration of the 30th Anniversary of CDSHK

Throughout the year, we have organized several occasions to engage our members and commemorated the 30th Anniversary of the College. Over 70 College members, their families and pets demonstrated commitment to a healthy lifestyle in the first ever Run & Walk Challenge organised by the Hong Kong Academy of Medicine and our running team took home the trophy of 1st Runner up in this highly competitive Intercollege event. A latte art workshop in March showcased the creativity and artistic skills of the participants using coffee as the medium.



Around 200 Fellows, Members, and esteemed guests joined us for a Gala Dinner on 8th July. There was the mesmerizing magic show performed by Dr Alfred Lau, which left the audience in awe. The evening was further elevated by the exceptional performance of the "Matrix" band with 7 star members, Drs Dave Chan, Flora Chan, Tom Ho, Kenneth Hui, Yolanda Law, Johnny Poon and Eric Sit who enthralled us with their musical talents. Prof John Ling took us on a journey through time, reminiscing about our humble beginnings and the remarkable growth we have achieved through the College Hall of Fame of dedicated Fellows and Members from the past three decades. It was truly an unforgettable evening of homecoming and I shall express my sincere gratitude to Dr Daniel Fang, Chairman of the 30th Anniversary organising committee and his team for organising these successful events which demonstrated the virtues of unity and pursuit of excellence that defines our College's values.

Education and Training as usual

The Tricollegiate Scientific Conference was held on 8-9 July in which this long tradition of collaboration between the Royal Australasian College of Dental Surgeons, College of Dental Surgeons, Singapore and College of Dental Surgeons of Hong Kong was resumed after the pandemic. It turned out to be a successful conference with 13 eminent speakers from three prestigious Colleges in sharing their insights and knowledge on the advancement in various fields of dentistry. Together with two pre-conference workshops, this event provided a dynamic platform for over 300 local participants and online overseas colleagues in Australia and Singapore to share evidence-based knowledge and foster relationship. Thanks for the distinct leadership of Dr Gary So and the effort of the Scientific Committee in organising such a remarkable education event.

The current diet of Membership of General Dentistry (MGD) was completed in August. The success of the different diets of MGD programmes would not be made possible without the dedicated effort of Dr Yiu Bun Ka and members of Committee of General Dentistry in the past decade. Furthermore, the Memorandum of Understanding with the Royal Australasian College of Dental Surgeons was renewed on 8th July and this signifies the seamless collaboration between the two Colleges in conducting the Conjoint Membership RACDS/CDSHK examinations for the next five years. We are confident that the MGD programmes will continue to serve colleagues in general dentistry and uphold the standards of dental professionals in Hong Kong.

Looking ahead

The College was invited to express our views to the Government on the “Proposed Legislative Amendments to the Dentists Registration Ordinance (DRO)” in April and “Policy Address 2023” in August. Throughout the discussions and collection of views from Specialty Boards, the College supports in principle the Government’s proposals on the amendments to the current DRO. In view of the impact of the aging population and the shortage of dental manpower, we agree that the introduction of new pathways of Special Registration and Limited Registration for admission of qualified non-locally trained dentists will relieve the problem of shortage of dentists. Nevertheless, the College is committed to offering its expertise in postgraduate training and vetting specialist qualifications and we believe that the College has a pivotal role in ensuring that non-locally trained dentists under the Special Registration and Limited Registration should attain a high standard of clinical competency as equivalent to the locally trained colleagues before granting them full registration status.

In addition, we strongly advise that Government should increase support and resources for the training of local specialists and dentists as a long-term goal since it is the most fundamental and effective means to ensure a steady supply of high-quality dental professionals to cater for the escalating service needs. We propose that the Government should facilitate the Basic and Higher Training conducted in the Faculty of Dentistry, The University of Hong Kong, Department of Health and Hospital Authority by provision of supplementary resources and additional training posts. Measures such as provision of financial incentive, enhancing job satisfactory and prospect should be taken in order to retain more young talented trainees and Fellows who could be the vigorous strength in the public services.

Wishing you all a fruitful Autumn season and a prosperous year of 2024!

Dr Simon HO Kam Yuen
President



(For those interested in learning more about CDSHK’s views on the proposed legislative amendments to the DRO and the suggestions on the Policy Address 2023, please visit our College website.)

Tri-Collegiate Scientific Conference

Tri-Collegiate Scientific Conference – 8 - 9 July 2023

The Tri-Collegiate Scientific Conference was successfully held from 8th to 9th July 2023 at the HKAM Jockey Club Building. The Conference was a joint collaboration by 3 reputable dental colleges worldwide, The College of Dental Surgeons of Hong Kong (CDSHK), the Royal Australasian College of Dental Surgeons (RACDS), and the College of Dental Surgeons Singapore (CDSS).

It marked a significant milestone as the first physical international event held by CDSHK since the COVID-19 lockdown in Hong Kong. The resumption of physical events after a prolonged period of restrictions due to the pandemic was a momentous occasion for the dental community in Hong Kong and beyond. It signified a return to a sense of normalcy and the opportunity for professionals to come together, to exchange knowledge, and to engage in meaningful discussions face-to-face.

The Conference also coincided with the 30th Anniversary of CDSHK, adding an extra layer of significance and celebration to the occasion. Its alignment with the 30th Anniversary of CDSHK added a sense of pride and reflection for the College. Over the past three decades, the CDSHK has played a pivotal role in promoting excellence in dental specialist practice, education, and training. The Conference served as a testament to the organization's commitment to advancing the field of dental surgery and its dedication to supporting the professional growth of its members.

The theme of the conference this year was “Evolutions of Dentistry Through The Ages”. It brought together dental professionals, researchers, and experts worldwide. We were delighted to have over 350 local and overseas delegates participating in person, while members from RACDS and CDSS who were unable to join physically could participate virtually via Zoom.



This Conference featured a diverse range of workshops and lectures delivered by renowned speakers from various dental specialties. We had a total of five speakers for the workshops and nine speakers for the lectures. The event was graced by the presence of three esteemed Guests of

Honour: Dr Simon Ho, President, CDSHK; Dr Susan Wise, President, RACDS; and Dr Yu-Jin Poh, President, CDSS.

The conference commenced on 8th July with two parallel workshops held in the morning.

The first workshop focused on "Technical Tips and Tricks of Surgical Wound Closure and Care" and featured speakers Dr Sit Ka Fai, Dr Law Yee Hung, and Dr So Cheuk Hang. They are all Specialists in Oral and Maxillofacial Surgery and have served in various trauma centres before. The workshop focused on the importance of proper wound care and wound approximation in surgical procedures across different dental specialties with hands-on practice.



The second workshop addressed "Oral Appliance – Obstructive Sleep Apnea (OSA)" and featured speakers Dr Wan Kong Yuk Annie and Dr Lam Yu Hang. Both Dr Wan and Dr Lam are Specialists in Prosthodontics with valuable experiences in managing patients with OSA. Participants had the opportunity to learn about the rationale behind oral appliance therapy (OAT) and to enhance their chairside skills in its fabrication.



The first lecture session began on 8 July afternoon after the kick-off opening addresses by the three distinguished Guests of Honour: Dr Simon Ho, Dr Susan Wise and Dr Yu-Jin Poh. This session covered topics in Periodontology, OMS and Endodontics, moderated by Dr Au Ka Li and Dr Ho Fu Tak.

Dr Wong Li Beng, Specialist in Periodontology in Singapore, presented on "Managing Periodontal Disease: Moving from Outcome-driven to Patient-centric Approach." Dr Wong discussed the shift



towards a patient-centric approach in the management of periodontal disease. He emphasized the importance of patient-reported outcome measures and highlighted changes in treatment philosophy.



Prof Gary Cheung Shun Pan, Specialist in Endodontics, discussed the "Management of the Hopeless Teeth in the Digital Age." Prof Cheung addressed the challenges of determining the prognosis and restorability of badly broken-down teeth. He also shared his experiences on various treatment options, including root canal treatment, extracoronary restoration, autotransplantation, root resection, and hemisection.

Dr Lau Sze Lok, Specialist in Oral Maxillofacial Surgery, presented on "OMW or OMG in OMS... Where Are We Now?" Dr Lau focused on the rapid changes and advancements in dentistry, medicine, and oral and maxillofacial surgery (OMS). He discussed technologies such as 3D printing, virtual reality, augmented reality, artificial intelligence, and robotic surgeries, and emphasized the need for practitioners to embrace these advancements.



On 9th July morning, three lectures highlighting Restorative Dentistry, OMS and Periodontology were conducted. Dr Melissa Fok and Dr Leung Tsz Man served as moderators for this session.



Prof Michael Burrow discussed "Navigating Strategies for the Management of Root Caries." Prof Burrow addressed the management of root caries, a problem that has emerged due to people retaining their teeth for longer. He explored different strategies ranging from non-restorative interventions to restorations, with a focus on the selection of appropriate treatment based on individual circumstances.

Dr Raymond CW Wong, Specialist in Oral and Maxillofacial Surgery in Singapore, presented on "The 4th Industrial Revolution in Dentistry: Applications in Oral and Maxillofacial Surgery." Dr Wong brought out significant milestones in dentistry over the past few decades, particularly in the field of oral and maxillofacial surgery. The presentation covered advances in 3D



printing, augmented reality, new materials, gene expression testing, and digital health records.



Dr Ho King Lun, Specialist in Periodontology, addressed "Advances in Periodontal Therapy: A Paradigm Shift from Resective to Regenerative Approach." Dr Ho explored the shift in periodontal therapy from resective approaches to regenerative techniques. He discussed the potential of regenerative therapy in restoring lost periodontal support and improving clinical outcomes.

The afternoon session of 9th July consisted of three lectures moderated by Dr Sylvia Ng and Dr Fong Kin Man, with focus on Prosthodontics, OMS and Orthodontics.

Prof Cynthia Yiu, Specialist in Paediatric Dentistry, enlightened the audience on "Paediatric Dentistry - The Past, Present, and Future." Prof Yiu provided an overview of the evolution of Paediatric Dentistry, including emerging oral conditions, changing treatment philosophies, dental materials, and technology. She also highlighted the restoration of oral health, function, and aesthetics for children as a focus of future directions in the field.

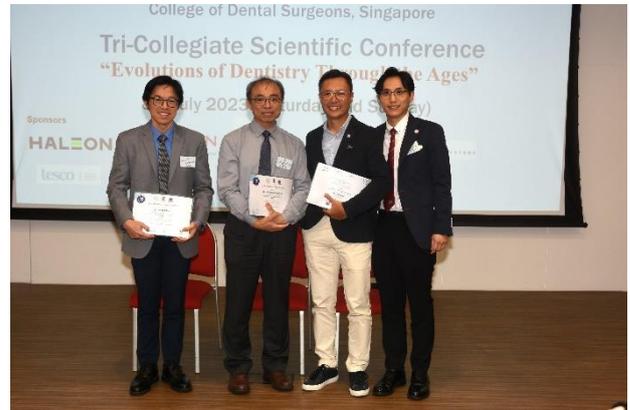


Dr Lam Yu Hang, Specialist in Prosthodontics, spoke about the "Current Progress of the Use of Artificial Intelligence in Restorative Dentistry." Dr Lam focused on tooth replacement and gum disease detection. He highlighted the application of AI in designing biomimetic dental prostheses by learning from the features of a patient's remaining teeth. Additionally, the use of AI in detecting gum inflammation based on intraoral photographs captured by smartphones was discussed as a potential screening tool for early gum disease diagnosis.



Dr Wilson Lee, Specialist in Orthodontics, presented on "Face-driven Orthodontics - How Are Invisible Orthodontic Appliances Affected by This Concept?" Dr Lee covered the significant changes that have occurred in the past 30 years in orthodontics, from the traditional metal braces to the invisible orthodontic appliances. He critically reviewed the indications and limitations of the latest removable clear aligners and lingual fixed appliances based on recent literature and clinical expertise.

Overall, the Tri-collegiate Scientific Conference was a successful and significant event that fostered collaboration and knowledge sharing among dental professionals from different regions. The Conference provided a platform for participants to learn about the latest advancements in dentistry, exchange ideas, and strengthen professional networks.



The contributions of different parties contributed to the success of the Conference, making it a memorable and impactful experience for all involved. It is a moment of great joy and pride as we reflect upon the collective effort and dedication that made this event possible.

First and foremost, I would like to extend my deepest appreciation to the hardworking and passionate Scientific Meeting Committee members. Each of you dedicated countless hours, poured your hearts into the planning and execution, and brought your unique skills and expertise to the table. From conceptualizing the event to coordinating the logistics, from reaching out to speakers and delegates to ensuring a seamless experience for everyone involved, your commitment and enthusiasm were truly exemplary. This success would not have been possible without your unwavering dedication and tireless efforts.

I would also like to express our gratitude to the CDSHK Council Members for their invaluable guidance and support. The wisdom, experience, and strategic insights have been instrumental in shaping the vision and direction of this event.

Furthermore, I extend our sincere thanks to the sponsoring companies for their generous financial support. The partnership has not only provided the necessary resources but has also

demonstrated your commitment to advancing the field of dentistry and fostering collaboration among the dental professionals. We are truly grateful for your trust and support.

Lastly, I would like to express our gratitude to all the attendees, the speakers, the delegates, the moderators, and everyone who participated in this event. Your presence, active participation, and valuable contributions have enriched the discussions, fostered networking opportunities, and created a vibrant atmosphere. Your enthusiasm and engagement have truly made this event a resounding success.

Dr SO Cheuk Hang



Chairperson

Local Organising Committee, Tri-Collegiate Scientific Conference

30th Anniversary Gala Dinner

Organising 30th Anniversary Gala Dinner was more stressful to me than doing a full mouth rehabilitation! This memorable event did not happen by accident. I was privileged to be the member of the Organising Committee. From start to finish, I think every member of the Committee must have scratched their head and lost some hair.

I was grateful to work with a group of hyper-organised and hardworking dentists. We were a group of specialists from different specialties (Prosthodontics, Endodontics, Periodontics, Orthodontics, Oral and Maxillofacial Surgery) and we really practiced the interdisciplinary approach and worked as a team. I recalled the time to rush schedules and deadlines, everyone was willing to give their time and effort. Thanks to wireless networking technology, sending messages in Jungfrauoch, the highest point in Europe, was a piece of cake.

As I am only slightly senior than others and with the least contribution, I was assigned to overlook the event. It was quite challenging to run in high heels from the dining table to the control room ensuring that the event and the PowerPoint ran smoothly and as planned.

Dinner without performers is far from ideal. Prof John Ling was my orthodontist and tutor when I was undergraduate. His humour and non-aging face have not changed for decades. He was the person to share the history of CDSHK, the difficulties and huddles that encountered in setting up of the College of Dental Surgeons. Listening to the mystery and secrets of the Dental College was a moment that should not be missed.



The dinner was a memorable and unforgettable event. Amid the occupied and engaged dental routine, we were able to socialize and networking with both the seniors and Trainees. An opportunity to meet specialist in other fields, sharing life experiences.





30th Anniversary Gala dinner proved to be successful in celebrating a significant milestone of CDSHK.

Dr WAN Kong Yuk, Annie



MGD Well-being

It is an honour and a privilege for me to become a Member of the College of Dental Surgeons of Hong Kong in 2017. The MGD pathway gives me a roadmap for updating my knowledge in every aspect of clinical practice after I graduated over thirty years ago from the University of Hong Kong.

Dentistry is a stressful profession mostly due to its nature and its working conditions, including long working hours, fear of litigation from patients and staff conflicts, just to name a few. It is well known that regularly participating in a hobby can positively impact one's psychological and physical well-being. The great benefit of photography is that it can improve my physical and mental health. To enjoy the benefits of having a hobby, I started bird photography five years ago.

Bird photography is a fun and enjoyable outdoor activity. It can be a me-time hobby, or you can easily make friends within the bird photography community. The developing social relationships and friendships can contribute to improved mental health. To avoid causing unnecessary disturbance or stress to birds, we use a telephoto lens and maintain enough distance to allow subjects to behave naturally.

I hope you enjoy this selection of my work



This photograph of Mandarin duck was not taken in a zoo. It was my first time to have the chance to encounter such a beautiful bird in Kam Tin River.

Dr TSANG Chi Lok





As a leisure activity, bird photography is about patience, perseverance, and luck. You may end up with nothing after hours of waiting. I spent hours waiting for this common kingfisher to land on a lotus flower.



Every year from March to June is breeding season. This Yellow-cheeked tit was busy searching for food to feed its nestlings.



Taking owl photos can be tricky. It is difficult to locate them in the dark. Camera autofocus usually fails in darkness, and there is insufficient light to achieve correct exposure.



Why is bird photography is good to your health? Because you must get up early in the morning like the birds do. This Red-breasted flycatcher, a migratory bird, was shot at early morning in Luk Keng.



A fork-tailed sunbird sitting on a pinkball. The photo was taken in Tai Po Kau Park in February, when flower blooms and pleasant fragrance of plants attracts many birds.



Knowledge of bird's respective calls can help seeking them. The Hainan blue flycatcher usually sings loudly with short but pleasant whistles.



The Japanese Robin is not commonly seen in Hong Kong. It worth spending an hour walk in Kap Lung Forest Trail to spot it.



Eurasian hoopoe frequently, probes the ground for insects.



A Common Kingfisher, sitting on a branch while searching for its prey. No matter how many shots have been made, we always strive for the best shot. It is not only amazing and rewarding, but also addictive.



Birds are fast-moving, and capturing a bird in flight is challenging. We always have a strong desire to capture a special moment. Again, alertness and fast reflexes are essential so that we can react promptly after a long period of waiting and inactivity.



Sometimes it shows its conspicuous fan-like erectile crest with broad black tips. Fast reflexes and alertness are required to capture this unique moment.

Sailing: Discovering Hong Kong's Coastal Beauty, Serenity, and Cherishing Moments with Loved Ones

Escape the bustling streets of Hong Kong and set sail on an adventure to uncover the hidden coastal beauty of this vibrant city. As a dentist with a passion for exploration, I have found that sailing offers a remarkable way to discover the untouched landscapes that lie beyond the urban jungle. Join us as we embark on a leisurely journey, sailing to remote islands, exploring stunning caves, finding serenity amidst breathtaking scenery, and creating cherished memories with loved ones.

Unveiling the Hidden Coastal Beauty:

While Hong Kong's skyline is renowned, its coastal beauty often goes unnoticed. Sailing provides a unique perspective, unveiling awe-inspiring scenery that cannot be fully discovered by hiking alone. As we glide over tranquil waters, rugged cliffs, secluded beaches, and hidden coves greet us, revealing a world of raw natural beauty that remains hidden to many. It's a visual feast, with world-class landscapes captivating our senses.

Finding Serenity and Cherishing Moments:

Sailing to remote islands allows for a serene retreat from the busyness of city life, providing an opportunity to find inner peace and create lasting memories with loved ones. Imagine anchoring our sailboat near secluded islands, surrounded by untouched nature and tranquil waters. We can walk along pristine beaches, explore hidden trails, and bask in the tranquillity of our surroundings. These remote islands offer a sanctuary of serenity, where we can reconnect with ourselves and embrace the inherent beauty of the natural world.

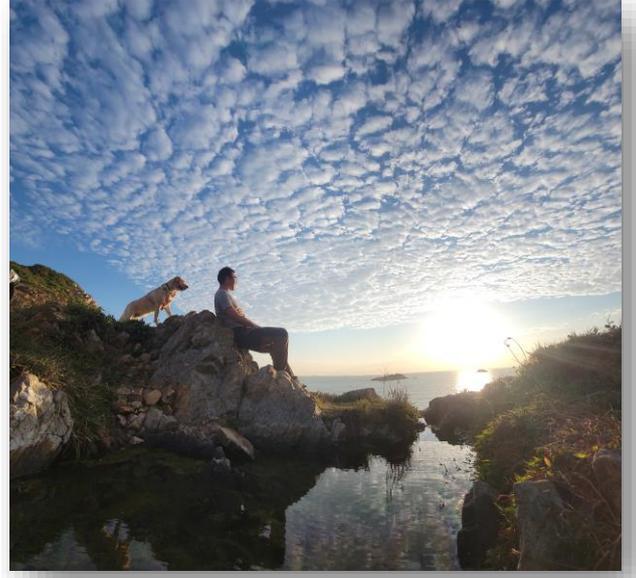
Moreover, the remote islands provide an idyllic setting to gather with friends and family, cherishing moments that will be treasured forever. Picture spending quality time together, sharing laughter, and creating unforgettable memories against the backdrop of the breathtaking coastal scenery. The combination of the captivating landscape and the joy of being in each other's company strengthens bonds and creates a sense of togetherness that is truly special.

Sailing in Hong Kong unveils a world of coastal beauty that often goes unnoticed. Beyond the city's skyline lies a hidden realm of awe-inspiring scenery that can be discovered through sailing. From exploring stunning caves to finding serenity amidst remote islands, and cherishing

moments with loved ones, this experience offers a captivating and serene journey. Whether seeking tranquillity, adventure, or quality time with family and friends, set sail and let Hong Kong's coastal wonders captivate your heart. If you would like to know more, please join us at Hong Kong Dentist Sailing Club on Facebook. Let's embrace the hidden treasures that lie beyond the horizon, creating cherished memories amidst the stunning landscapes and serene waters that await you!

Dr TSANG Yuen Chi, Augustine





Committee of General Dentistry

The 5th Diet of MGD training program was concluded smoothly on 27th August 2023. A total of 8 candidates enrolled in 2021-2023 MGD training program and all of them opted for the Conjoint MGD/MRACDS examination. All of them passed the Part I (Written and OSCA) examination that was held on the 5th of February 2023. After passing all their 4 log cases and having submitted their practice portfolios, they proceeded to the Part II (Clinic Visitation) examination that took place on the 25th of August 2023. Of the 8 candidates, 7 of them passed. They were joined by another re-sit candidate and proceeded to Part III (Unseen Viva) examination on the 27th of August 2023. Dr. Danny Sai-Wah HO from RACDS was the external examiner. In the end, 7 of them passed the final part. They will be eligible to register for the qualifications of MGD/MRACDS after the conferment ceremony.

My congratulations to all the successful candidates. I feel proud of all of them for showing their great determination and their commitment in the intensive training program. They have been making tremendous efforts the whole time, especially as stringent measures to combat COVID-19 were mostly still in force. Their great achievements were well-deserved.

Dr YIU Bun Ka



Chairman

Committee of General Dentistry

Memorandum of Understanding

Memorandum of Understanding between the Royal Australasian College of Dental Surgeons & the College of Dental Surgeons of Hong Kong

Historically, there has been a close relationship between the Royal Australasian College of Dental Surgeons (RACDS) and the College of Dental Surgeons of Hong Kong (CDSHK) as many inaugural Fellows of our College are Fellows of the RACDS.

In early 90s, the then-RACDS Asia Regional Committee based in Hong Kong was established by the RACDS and the late Prof Stephen Wei was appointed as the founding Chair of the Committee. Prof Wei was also the founding President of our College in 1993. In view of the substantial growth in the number of RACDS Fellows and Members in Hong Kong, the Committee has been restructured by the RACDS so that Hong Kong started its own Regional Committee since November 2021. Fellows and Members in other areas of Asia are, therefore, being looked after by the newly established International Regional Committee. At present, there are 204 paid-up Fellows including those also having Membership in Specialist Dental Practice and 147 paid-up Members of the RACDS in Hong Kong.

Besides the recent introduction of new Membership in Primary Dental Sciences, MRACDS(PDS), recognizing the dentists for their hard work in completing the FRACDS Primary Examination in 2022, another major reason of increasing number of Members of the RACDS is the RACDS entering into a Memorandum of Understanding (MoU) with our College signed by the then-Presidents of both Colleges, A/Prof Werner Bishof of the RACDS and Dr Roch Lee of our College on 5 December 2010 followed by the first diet of the Conjoint Examination of the MGD(CDSHK) and MRACDS(GDP) for general dental practitioners held in 2012.

The collaborations towards the excellence of general dental practice between the two Colleges have continued. The second and the third MoUs between the RACDS and our College were signed by Dr Patrick Russo, the then President of the RACDS, and Dr Robert Ng, the then-President of our College, in December 2017 and by Dr Susan Wise, the President of the RACDS and Dr Simon Ho, the President of our College on 8 July 2023 respectively.

Moreover, the RACDS has another MoU with our College for the Conjoint Examination of the Intermediate Examination in Community Dentistry of our College and the RACDS Membership Examination in the Specialist Dental Practice discipline of Dental Public Health (MRACDS(DPH)). The first Conjoint Examination in Community Dentistry was held in January 2016.

The Ceremony of signing the MoU for the Conjoint Examination of the MGD(CDSHK) and MRACDS(GDP) on 8 July this year were witnessed by the representatives from the RACDS, namely, Dr Rony Cho, Member of the Board of Directors of the RACDS (also the former Vice-President (General Affairs & CPD) of our College), and Prof Michael Burrows, Registrar MRACDS(GDP), and the Council Members of our College. It was so exciting that three of our College Council Members are also the three Office-Bearers of the RACDS Hong Kong Regional Committee at the same time!

During the period of the fruitful collaborations between the two Colleges, there were 4 diets of the Conjoint Examinations of the MGD(CDSHK) and MRACDS(GDP) held and there were 77 successful candidates in total. There will be 8 candidates attending the coming diet of the Conjoint Examination to be held in August this year.

Dr Jerome YU 

2010

2017



2023

Scholarship

Overseas Training in Periodontology, focusing on Soft Tissue Management

I have been very grateful to have received the CDSHK Scholarship to go to Italy to receive further training in Periodontology. Initially the planning was to visit the world-renowned Periodontists, Dr Sandro Cortellini and Prof Francesco Cairo, but due to COVID-19 pandemic the training was postponed from 2020 to 2023 and the plan was changed to visit Prof Giovanni Zucchelli and Prof Francesco Cairo in May 2023, the details of the training are as follows:

22 nd May to 24 th May	3-Day International Course Reconstructive Periodontal and Plastic Surgery in the Esthetic Zone by Prof Giovanni Zucchelli, Zucchelli Institute, Bologna, Italy
25 th May to 2 nd June	Attachment to Prof Francesco Cairo, Periodontology, The University of Florence, Florence, Italy
26 th May to 27 th May	4 th International Symposium of Soft Tissue Management Around Teeth and Implants

The addition of the 4th International Symposium of Soft Tissue Management Around Teeth and Implants was an add-on event when I arrived at Florence which was by invitation and courtesy of Prof Cairo.

Course with Prof Giovanni Zucchelli

The 3-day course was about soft tissue management around teeth and implants, and it was a very intensive course from 9am to 6pm for all three days. The lectures and discussion covered the basic theories, diagnosis and prognosis of root coverage, surgical treatment of single and multiple recession defects for teeth, and implants both in upper and lower jaw. The hands-on sessions focused on the root coverage of single recession defect for teeth and implant and the live surgeries was about root coverage with multiple recession defects and also simultaneous soft tissue augmentation with implant placement. The course was of advanced level, and he expected most of the participants to already have extensive knowledge and experience in soft tissue surgery. By taking part in this course, I got to know and understand a lot more Prof Zucchelli's technique and experience in the issues that we have already learned previously. But his thinking and philosophy is very different from the other periodontists. For example, his thinking about prevention of recession around implants is very different from the others and he thinks the thickness of the buccal bone is not the only factor that contribute to the future peri-implant soft tissue height and stability but also the supra-crestal soft tissue

volume.

He showed us a case with an implant being placed buccally, and from the CBCT almost half of the fixture was already out of the bony envelope, and with obvious recession and exposure of the metal component of the abutment. He has done the assessment and determined that the soft tissue integrated healthily with the implant rough surface and hence he has done connective tissue graft with coronally advanced flap to cover the recession and the outcome was amazing. I would have thought that nothing can be done to deal with the situation provided that the implant position was not right, but the case has shown me what the master can do under this hopeless situation. Overall, the course has greatly enlightened me about how soft tissue surgeries can achieve around teeth and implants and aroused my interests to receive further training in this aspect of periodontology.



Attachment to Prof Francesco Cairo

This part of the training was in Florence, Italy, with the attachment to the clinic led by Prof Francesco Cairo. The Perio department in the University of Florence was recently accredited by the European Federation of Periodontology, which shares the same status now as the one we have been running in the University of Hong Kong. First of all, it is good to realize how effective they run their postgraduate programme in Florence. Their clinic is not large, with 4 dental chairs in total for all their postgraduates (at present 9 of them in total) and the staff. All the operators can use the dental chairs from 8am until 2pm for the weekdays, and then they will

have seminars / case presentations and discussions in the afternoon. And for the days I went for the attachment, nearly every day they are seeing around 10-15 patients in total, and some were surgical treatments. There is only one dental surgery assistant in the clinic, and her responsibility was mainly to set up / tidy up the site in between /after patients. The postgraduates are either working alone or assisted by their peers, and when they are performing surgical treatments, the teachers would be the assistant for the whole procedure to ensure a step-by-step guidance.

The surgeries I observed that were done by Prof Cairo and Dr Barbato (Postgraduate Programme Director) were assisted by the postgraduates. During the attachment, I have taken part in the case discussion and observed the clinical activities by Prof Cairo's team and the postgraduates. Prof Cairo has shown a case of performing root coverage for multiple recession in the maxilla which was an eye-opening experience for me to see the live surgery. And through the discussion with him, I understand more about their school of thoughts for their postgraduate training in Periodontology and noticed their emphasis on soft tissue surgeries during assessment of the patients.



International Symposium of Soft Tissue Management Around Teeth and Implants

It was a coincidence that during the period of attachment to Prof Cairo, the 4th International Symposium of Soft Tissue Management Around Teeth and Implants were held in Florence during 26th and 27th May. Prof Cairo was one of the speakers and he invited me to join as participant for the symposium. The symposium was highly clinically oriented and most of the topics were related to clinical issues that we face in our routine practice, e.g. Aesthetic therapy of altered passive eruption by Dr Rino Burkhardt, soft tissue management in early implant placement by Prof Daniel Buser etc. Most of the experienced clinicians in this field were invited to give lectures in this symposium, and then a panel group discussion on certain topics or

focused questions was held. About the topics that discussed, the one presented by Dr Rino Burkhardt about the altered passive eruption has aroused my interest. Although this topic seems to be a very old topic, nothing new and exciting, he presented it in a very interesting way. To highlight that, he has summarized the current evidence on a few issues including amount of bone resection needs to be done, any treatment on the root surface and vertical positioning of the mucosal flap and finds out that there is actually no consensus so far as there has been a wide range of numbers and treatment modalities on this. And the presentation from Prof Massimo de Sanctis raising the issue that CTG now is not considered to exert any differentiation of the overlying epithelium when the flap maintains the position and the CTG itself is not exposed is also a novel finding which updates my previous knowledge about this. In conclusion, I was very grateful to be invited to attend this symposium and it was a very nice learning experience for me to catch up with the most updated concepts in soft tissue management.



Post-Training Reflections

After this training, personally I have gained more knowledge and clinical skills for assessing patients and performing soft tissue surgeries, and that will greatly help the training of local trainees in these aspects. I realized that the training, knowledge, clinical skills, facility, hardware, and support that we have in HKU Perio for our Basic and Higher Training is on par with our peers in Europe, if not better. In addition, the lead from the course director has great influence on the approach of the trainees. For the case in Florence, their head of department is a very experienced professor focusing on soft tissue augmentation and related surgeries, and hence their team also perform a lot of these surgeries. And that starts right at the beginning of patient management, which is the assessment of the patients and diagnosis. At present, locally, we have yet to train up an academician/clinician who is as experienced and world-renowned as Prof Cairo in this aspect, but in time, with more and more focus in this aspect of the training, we will have more periodontists who will be proficient at this aspect.

***Dr TSANG Yiu Cheung, Elvis
Specialist in Periodontology***



Examination Results

The following Higher Trainees were successful in the Specialty Exit Examinations and have completed their specialist training pathways:

Paediatric Dentistry	
Dr. LAM Ka Yan	林嘉欣
Dr. RAMPAL Selina Chhabra	
Dr. LAM Pui Ying Phoebe	林珮盈

The Intermediate Examination was held in April 2023. The following candidates were successful in passing the Intermediate Examination:

Paediatric Dentistry	
Dr. LAM Chun Yiu	林駿堯
Dr. YANG Yuxin	楊昱新

Charity Service

I am Dr Wilson Lee, Specialist in Orthodontics and Vice Chairman of The Hong Kong Anti-Cancer Society, and I am excited to share my journey as a passionate advocate for cancer patients and caregivers. The reason I joined the Hong Kong Anti-Cancer Society (HKACS) is deeply personal – my parents are cancer survivors, and I understand the immense pressure faced by caregivers during such challenging times, especially for those who have limited financial resources.

When I learned about HKACS's vision and mission, I was profoundly inspired. Their dedication to providing comprehensive care services to cancer patients struck a chord with me, and I knew I wanted to contribute to their meaningful initiatives. Services like the Charity Bed Programme allows low-income cancer patients to reside at HKACS' Cancer Rehabilitation Centre, and Project Wish, which fulfils the wishes of late-stage patients, are making a remarkable difference in people's lives.

My journey with HKACS began in 2012/13 when my good friend Professor Sydney Tang invited me to join as a Communication and Fundraising Committee member. Being actively involved in organising events and campaigns to raise funds and increase awareness has been incredibly fulfilling. It was a stepping stone that led me to take on more significant roles within the organisation.

In 2014/15, I became an Executive Committee member, allowing me to actively contribute to shaping HKACS's strategies and policies. As my dedication and passion grew, I was humbled to be appointed as the Vice Chairman in 2021/22, where I could lead and collaborate with like-minded individuals for a cause close to my heart.



The HKACS's Charity Golf Tournament is a significant charity event to support the Charity Bed Programme.

Being a sports lover, especially a keen golfer, I found an opportunity to combine my passion with a purpose. Through the generous support of Clearwater Bay Golf & Country Club, I initiated the HKACS Charity Golf Tournament as a significant charity event to support the Charity Bed Programme, which aims to provide quality round-the-clock holistic residential care for financially disadvantaged cancer patients to convalesce after surgery, during or after chemotherapy / radiotherapy; or for hospice / end-of-life care.



The Golf Tournament aims to provide quality round-the-clock holistic residential care for financially disadvantaged cancer patients. We have raised over HK\$8 million from the charity golf tournaments.

Beyond golf, I actively participate in Standard Chartered Hong Kong Marathon to raise awareness and donations for HKACS. Seeing the determination of cancer patients motivates me to push my limits and make a positive impact.

I am thrilled and proud to be associated with HKACS, an organisation that provides comprehensive care services to cancer patients and their caregivers. Their unwavering commitment to making a difference in people's lives is truly commendable.



I participated in 10km Standard Chartered Hong Kong Marathon to raise awareness and donations for HKACS.

If you are interested in learning more about HKACS and their invaluable contributions, please visit their website at www.hkacs.org.hk. To support their mission and make a difference, you can make a donation at https://www.hkacs.org.hk/en/new_donation_form.php.

Let's unite in the fight against cancer, and together, we can be beacons of hope, illuminating the lives of those affected by this challenging disease.

Dr Wilson LEE



QR Codes:

To HKACS's official website:



To HKACS's donation page:



CDSHK Secretariat

The College Secretariat assists in the daily running of College matters, consists of 4 staff members as follows:

Staff	Title	Contact
Ms. YEUNG Iris	Senior Executive Officer	2871 8891
Ms. CHOI Rosanna	Executive Officer	2871 8866
Ms. SO Serina	Executive Officer	2871 8732
Ms. WONG Lilian	Executive Officer	2871 8734

The Secretariat is at your service and provides necessary support for all Fellows, Members and Trainees. Please do not hesitate to contact us if you have any queries.



*CDSHK members information update: pls send email to info@cdshk.org
Fellow information update in HKAM: pls send email to edmem@hkam.org.hk*

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